

**W/C  
23RD  
MARCH**

**LIVE  
CLASSES**

**MONDAY**

09.00 - 09.45  
KATY  
VINYASA YOGA

10.00 - 10.45  
KATY  
BARRE

**TUESDAY**

NO LIVE CLASSES

**WEDNESDAY**

09.30 - 10.15  
KATY  
VINYASA YOGA

10.45 - 11.30  
KATY  
BARRE

**THURSDAY**

09.30 - 10.15  
GRACE  
VINYASA YOGA

10.45 - 11.30  
GRACE  
HATHA YOGA

**FRIDAY**

9.30 - 10.15  
JULEE  
STRONG FLOW

10.45 - 11.30  
JULEE  
CHILL FLOW

**SATURDAY**

09.30 - 10.15  
LOU  
VINYASA YOGA

10.45 - 11.30  
LOU  
FLOW & RESTORE

**SUNDAY**

09.30 - 10.15  
KATY  
VINYASA YOGA

10.45 - 11.30  
KATY  
YIN YOGA

